



Strength Through Adversity: The Nathan Charles Lunch

We're excited to remind you about the upcoming Nathan Charles Long Lunch on Thursday, 21st November. With tickets selling fast, now's the time to secure your spot for this special event!

This lunch will be more than just a gathering – it's an inspiring and meaningful few hours where you'll learn about Nathan Charles' extraordinary journey living with cystic fibrosis and rising to become an elite athlete. Nathan's topic, "Strength Through Adversity," will offer key insights on resilience, personal growth, and mental toughness.

You'll hear powerful lessons from his career in professional contact sports, with takeaways you can apply to your own life and the business world – from adapting to challenges to cultivating a resilient mindset.

Join us for this unforgettable afternoon, where we'll not only hear Nathan's story but also raise much-needed awareness and funds for the cystic fibrosis community. With limited tickets available, this event is expected to sell out quickly, so don't miss your chance to be part of it!

Looking forward to seeing you there!

Details:

Date: Thursday 21st November, 2024

Time: 11.30am - 3.30pm

Location: Ground Level, 2 Market St, Sydney

Cost: \$250 per ticket (includes three-course meal and drinks)

All funds raised from this event will go directly to supporting Cystic Fibrosis Australia's mission of advocating for access to life-changing treatments and ensuring better outcomes for those living with cystic fibrosis.

[Purchase Your Tickets Here](#)

If you have any questions or need further information, please feel free to reach out - bianca@cfa.org.au

We look forward to seeing you there and sharing this incredible experience together.

Warm Regards,

Jo Armstrong
CEO
Cystic Fibrosis Australia