

BREAKING BARRIERS FOR CYSTIC FIBROSIS

TODAY'S DEDICATION

DAY 36: FRIDAY 6th OCTOBER 2023



BRADLEY

Bradley Dryburgh was born with Cystic Fibrosis and at the time of his diagnosis, Doctors advised his parents that he would have 'been better with a terminal illness' given the potentially severe complications associated with CF.

However, his parents' unwavering sense of optimism and hope influenced his perspective on life, instilling in him the belief that he could overcome the challenges posed by the condition. Their enduring faith in his resilience and potential has played a significant role in shaping his own outlook on life.

Bradley's daily routine involves taking approximately 50 tablets and utilising medications delivered through a nebuliser, all crucial components of his CF care. However, amidst these necessary medical measures, there's one vital factor that has contributed significantly to his remarkable health over the past 26 years: physical activity. Engaging in regular physical activity has been a cornerstone of Bradley's well-being, playing a pivotal role in maintaining his health and vitality despite the challenges posed by CF.

Bradley's mission is to show every kid, adult & parent of a cystic fibrosis patient that no matter how scary this illness can be at times you can live a long & incredible life with CF as he plans to do. You can achieve anything you want to in this life if you work hard for it & have a positive mindset.



