

BREAKING BARRIERS FOR CYSTIC FIBROSIS

# TODAY'S DEDICATION

DAY 6: WEDNESDAY 6<sup>th</sup> SEPTEMBER 2023

## Sam



My name is Sam, I'm a 24-year-old man living with Cystic Fibrosis.

I always liked to take on the world, and any challenge I could. And when I was in my earlier 20's I decided to take on a whole new challenge. I moved my entire life to the UK, where I was tried, tested, and broken. I got back up multiple times, but I'm now looking at a double lung transplant in order to save my life.

I feel like my story is an example of what Cystic Fibrosis can do to a seemingly healthy individual.

No matter what you do with CF, it always finds a way to try to break you. But keep that fight in you every day, the discipline that men and women like Layne show, and you can overcome anything.

As I get ready for my biggest challenge yet, I'll embrace it and fight for my life.

Sometimes when you take on the world it takes some of you back. But that doesn't mean you're done.

My lung function sits below 20 percent, but I'm still fighting each day to make sure I give myself the best chance at a new pair of lungs.

