

BREAKING BARRIERS FOR CYSTIC FIBROSIS

TODAY'S DEDICATION

DAY 14: THURSDAY 14th SEPTEMBER 2023



Kyle

Diagnosed at birth with cystic fibrosis, Kyle was given a life expectancy of between 6 months to a year.

Kyle firmly believes anything is possible and has not only proven this as a 37-year-old with a wife and two wonderful daughters but also as an ultramarathon legend. Kyle has tackled multiple ultramarathons and only wants to continue smashing goals.

Kyle has defied the odds he was given when he was born and has no plans to stop.

Kyle is a husband and father to two daughters and although he is busy with full-time work and family life, he is also an inspiration to many in and out of the CF community.

Kyle is passionate about health and well-being through fitness and how physical activity plays such an important role in keeping the lungs healthy.

Kyle is also extremely passionate about mental health.

