



8 September 2023

## **WORLDWIDE CYSTIC FIBROSIS DAY: HONOURING PROGRESS, LOOKING TO THE FUTURE**

On September 8th, Cystic Fibrosis Australia (CFA) proudly joins the global community in commemorating World Cystic Fibrosis Day. This annual observance serves as a poignant reminder of the ongoing challenges faced by those living with cystic fibrosis (CF), as well as an opportunity to celebrate progress and look toward the future.

This year, we are particularly excited to highlight Layne's Challenge, an extraordinary initiative that embodies the spirit of resilience and community. Layne, one of our dedicated supporters, is sharing 36 CF Stories, offering a glimpse into the lives of individuals who confront CF daily.

[Read Our Community Stories Here](#)

But Layne's commitment goes beyond storytelling; he's completing 36 challenging days of physical exertion to honour all 3,600 Australians living with CF. His journey is a testament to the strength and unity within our CF community.

CFA is honoured to be the peak national body representing individuals with CF and their families, and while September 8th is a special day of global recognition, our work is ongoing and relentless every day.

CFA dedicates every day to shaping the future of CF in Australia. Our focus remains steadfast: to advance outcomes, increase access to treatments, and improve clinical practice and patient outcomes for all people with CF across Australia.

As we commemorate World Cystic Fibrosis Day, we extend our heartfelt gratitude to our dedicated community, and supporters, who inspire us to press forward. Together, we envision a future where cystic fibrosis no longer defines or limits lives.

With warm regards,

Jo Armstrong

**CEO**

**Cystic Fibrosis Australia**