

8 August 2023



WE HAVE AN EXCITING AND IMPACTFUL OPPORTUNITY TO MAKE A DIFFERENCE IN THE LIVES OF THOSE AFFECTED BY CYSTIC FIBROSIS, AND WE WOULD BE HONOURED IF YOU COULD JOIN US IN THIS ENDEAVOUR.

As you may know, Layne Storrier is embarking on an extraordinary mission to complete [36 Half Ironman's in 36 days](#) to raise awareness and funds for cystic fibrosis (CF). To make this journey even more meaningful and to shine a light on the real experiences of the CF community, we are inviting our community to share their CF stories.

Each day of Layne's challenge, he would like to dedicate his efforts to the incredible people who have faced CF with courage, resilience, and strength. By sharing your story, you not only contribute to the awareness of CF but also offer inspiration and hope to those currently on their own CF journey.

This is a great opportunity to highlight the many different challenges our community face.

Your story can be a beacon of light for others who might be facing similar challenges or uncertainties. Whether you're a CF patient, a family member, a friend, or have lost someone to CF, your perspective matters and can make a real impact.

Thank you to everyone who has already submitted stories.

To participate, simply send us your CF story in a few paragraphs, along with any photos you'd like to include. Your story will be shared on our social media platforms and webpage to reach an even wider audience and further spread awareness.

Let's come together to create a community of strength, unity, and hope.

Please send your stories to bianca@cfa.org.au by **Friday the 18th of August**. We truly appreciate your willingness to share, and we believe that your story can touch the hearts of many.

Thank you for your time and consideration. Let's make Layne's 36 Half Ironman challenge a journey of not only physical endurance but also a testament to the incredible power of the human spirit.