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CFA is pleased to share this advice from Professor Peter Wark, a CF Specialist from the John Hunter Hospital in Newcastle, NSW.

*As of 11pm on the Saturday 21<sup>st</sup> March 2020 there were 1072 cases of COVID-19 in Australia.*

*Parts of Australia have seen rises in COVID-19 cases faster than others. This is especially the case in NSW where there are 436 cases, 229 cases in Victoria, 221 in Queensland, 90 in WA, 67 in SA, 9 in ACT, 16 in Tasmania and 4 in NT.*

*Most of these cases are in the major cities, especially Sydney, Melbourne and Brisbane, where there is increasing transmission in the community occurring.*

*The risk is variable across Australia.*

*People with CF and their families need to consider their risks and circumstances. They may need to consider contacting their employers or their schools if they have not done so and working from home.*

*If this is not possible now is the time to consider staying home and not attending work or school. This will depend on your personal circumstances and the contact you will have with people at your work.*

*Exercise caution in public. Do not travel unnecessarily. Practice social distancing. Avoid public gatherings. Wash your hands regularly. Follow these steps.*

*<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>*

*Your CF clinics can offer advice and support. They can assist where appropriate in providing letters and medical certificates.*

Cystic Fibrosis Australia will continue to provide updates regarding COVID – 19 and please feel free to contact us at any time.

Kind regards

A handwritten signature in black ink, appearing to read "Nettie Burke", written in a cursive style.

Nettie Burke  
CEO  
Cystic Fibrosis Australia