

Cystic Fibrosis Community Care

Victorian Programs and Support Services 2018



We offer programs and services to support our Members who have cystic fibrosis (CF) and their families, including:

- Information and advocacy support
- Social support
- Financial support

Information about our programs and services is available online at cfcc.org.au or by contacting us:

- Email: support@cfcc.org.au
- Phone: (03) 9686 1811
- Fax: (03) 9686 3437
- Post: Cystic Fibrosis Community Care, 80 Dodds Street, Southbank VIC 3006

For information about our services in NSW visit cysticfibrosis.org.au/nsw/services

Information and advocacy

Information, support and referral line

For CF-related information, support and referrals please call or send an email Monday to Friday, 9am to 5pm.

Speakers program

To raise awareness about CF we coordinate speakers to share their knowledge and experience of CF with community groups, schools, sporting clubs, tertiary institutions and businesses.

Advocacy services

We advocate on behalf of our Members on a range of issues plus lobby for improvements for people living with CF:

- Working one-on-one with individuals
- At a local, state and national level
- Liaising with other organisations

CF Community Conference

Our community conference is an opportunity for the CF community to come together to hear the latest developments in the field of CF, and provides opportunities for discussion with medical and health experts and those affected by CF.

This year the community conference will be held on Saturday 18 August 2018 in Hawthorn, Victoria.

CF carrier screening

We are dedicated to raising awareness about CF and the availability of CF carrier screening Australia-wide. To achieve this we provide information to the community and health professionals and lobby peak bodies and government agencies.

Education and training

We support students who have CF, their families, their teachers and child care centres through:

- Access to our Education Support Coordinator for learning support and as a liaison between students and schools
- Presentations and training to schools about CF and ways to create a supportive learning environment
- CF Smart website (cfsmart.org.au) that includes resources for teachers, parents and students, including free online program for educators to learn about CF

Social support

One on one support

Our peer support program connects members of the CF community so they can chat and share information and experiences with other people who have a lived experience of CF.

Support activities for families

We organise a range of events and activities for families of people who have CF so they can share stories, experiences and resources. These activities include:

- Family support dinners
- Afternoon tea for newly diagnosed families
- Afternoon tea for grandparents

Financial support

Health and wellbeing

We provide financial assistance to our Members to help with CF-related expenses through our:

- 20% reimbursement program
- Physiotherapy equipment grants
- Equipment loan program
- Fitness participation grants
- Transplant assistance grants
- TV hire for hospital stays
- Accommodation assistance

Support while in hospital

We regularly visit the CF Centres in Melbourne to chat with inpatients and to drop off boredom buster bags. Just let us know when you are heading into hospital and we will drop in.

Annual Remembrance Ceremony

Each year we host a ceremony to remember the lives of people lost to CF. The Remembrance ceremony is supported by the Parish of Christ Church, South Yarra, Tobin Brothers and Frances Tobin.

This year the Remembrance Ceremony will be held on Sunday 16 September 2018 in South Yarra, Victoria.

Time out

We also support our Members who have CF and their families so they can have some time out such as a family day together or a holiday through our:

- Take a Break grants (supported by Andrew's Legacy)
- Happy Family program
- Holiday cabins

Emergency assistance

Our emergency financial assistance program provides support for Members who have CF for urgent CF-related needs at times of crisis, during lengthy hospital admissions or following sudden changes of health.

Thank you to all our amazing and generous funders, donors, and community fundraisers who help make it possible for us to deliver these services to the CF Community



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