



sports extra

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Long road ahead for fundraiser

CYCLING >> "IT'S weak to be scared. It's weak to be worried. I know I can do it." These are the words of a man on a mission. That long, arduous mission began on Monday when Rick Faulks (pictured) began an 1800km bike ride from Cairns to Ipswich to raise money for Cystic Fibrosis Queensland. As a long-term sufferer of the crippling disease – he was diagnosed shortly after he was born – the 34-year-old is under no illusions about the journey ahead. "It's definitely going to be tough from a cystic fibrosis point of view because of the energy expenditure," he said. We have got a few days over 100km and, driving on the way, we saw some big hills," the North Booval resident said. The father of two has raised more than \$14,000, but said the true value of the ride could not be expressed in terms of money. "It's hope for some people," he said. He is due to arrive at Queen's Park in Ipswich on August 29. Visit www.rickfaulkscharitycycle.com