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**MTWTFS-**

## **Ipswich man starts long charity ride**

IPSWICH man Rick Faulks has kicked off his 1800km bike ride from Cairns to Ipswich to raise funds for Cystic Fibrosis Queensland.

The 33-year-old will make the epic bicycle journey to raise money and awareness of the genetic disease.

As a long-term sufferer, he said he was determined to show other sufferers that the disease did not have to define their lives.

He is expected to arrive at Queens Park in Ipswich on August 29. To learn more, visit [www.rickfaulkscharitycycle.com](http://www.rickfaulkscharitycycle.com)