



FREE CALL
1800 678 766

ISSUE: 58 - January 2012



Hello Katya,

HAPPY NEW YEAR - IT IS FOR US!!

Welcome back.

CFWA has hit the ground running with outstanding early successes.

We have been successful in our application for a grant from the Developmental Disability Council of WA for \$10,300 to develop a programme to support parents and relatives of babies newly diagnosed with cystic fibrosis.

The new programme includes a support pack, information booklet, a DVD guide, a health regime diary and planner and a seminar and coffee mornings for parents of newly diagnosed babies.

We have also been successful in our application for a Grant from Telethon for \$79,628.

This money will help with the costs associated with regional outreach programme including regional sibling support, country travel assistance, adolescent independent travel allowance, regional home support and a CF kids and siblings newsletter.

For further information please contact Kathryn Pekin after 1 February on 9346 7333 or [email](#).

BACK TO SCHOOL PACKS - \$25!



We have put together special discounted packs for summer and kids going back to school.

The packs contain a back sack, cap and water bottle. You would normally pay \$34 but these packs are now available for a limited time at the special price of only \$25. [Click here](#) to buy yours today.

[New Year Success](#)

[Special Back to School packs](#)

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MAKE A DONATION
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BUY MERCHANDISE

CF VEHICLE LICENCE PLATES



Make 2012 the year you get your "Driving to Cure Cystic Fibrosis" CF licence plates and show your support every time you drive.

Various plate numbers ranging from CF12 to CF000 and CF002 to CF998 are still available.

Interested? Please call Ric Reyerson on 08 9346 7333 during office hours to check what numbers are available. Then, simply download the application form, complete it and post it back to us (PO Box 959, Nedlands WA 6909) along with your cheque or pay online [click here](#) and we will do the rest!

Some suggestions: It's the year 2012! Buy "CF 12". Married in May 1987? Try "CF 587". Baby born in July 2009? Buy "CF 709" etc. Some multiple digits currently still available include: CF 33, CF 44, CF 77, CF 000, CF 111, CF 222, CF 333, CF 444, CF 555, CF 777.

A set of number plates will cost you \$275.



SPONSORS, FUNDRAISERS & VOLUNTEERS AWARD NIGHT – THURSDAY 1 MARCH

CFWA will be hosting its annual award night to recognize the work of all of our volunteers, fundraisers and sponsors during 2011. Mark your diary now for Thursday 1st March at The Niche in Nedlands. More details to follow in due course.

RECYCLE AUNTY JUNE'S PRESENTS

From time to time, people receive unwanted Christmas gifts which end up sitting in a cupboard gathering dust. This year, why not donate your unwanted gifts to a community group to use as a prize in a raffle, auction or fundraising event?

Cystic Fibrosis WA is calling for donations of gifts or vouchers, no matter how small, which may be used as prizes or auction items in our numerous fundraising events during the year.

Donations should be delivered to our office located at The Niche, 11 Aberdare Road in Nedlands or given to your CFWA contact person. We are open from 8:30am until 4:30pm Monday to Friday.

BARGAIN - LEFT OVER CHRISTMAS CARDS AT AN EXCEPTIONAL PRICE - BE QUICK



Our Christmas card sales were good, but we have some left over stock that we are offering to you at heavily reduced bargain prices.

A pack of mixed 25 Christmas cards with envelopes for a mere \$10 (that's only 40 cents each!!!). Buy today for next year - be quick as there are limited stocks - [click here](#).

SEND US YOUR PHOTOS

CFWA is always in need of good quality, high resolution photos of children and adults with CF which we can use in our marketing materials e.g. website, brochures, RED magazine, Ball programme, appeal letters etc.

If you have a recent photo of yourself or your child with CF, please email it to us along with a matching quote for the photograph and your permission to reproduce the photo in our marketing materials. [Email Ariane](#). We never disclose surnames with photos.

YES, YOU CAN ... HELP TOO

Ever wanted to help make a difference to the lives of people living with CF in WA?

Well, CFWA has a very long list of the numerous ways in which you can help: ask your employer if it has a matched giving programme, sponsor one of CFWA's programmes, organise a fundraising event, place one of our brand new CF merchandise kits (all new items) on your sales counter or office reception this year, register to become an organ donor, participate in our events, advertise in RED (CFWA's quarterly magazine), place one of our collection tins on a supervised counter at your work, buy CFWA merchandise, donate gifts and vouchers which can be used to raise funds in raffles or auctions, donate money to CFWA, donate your old clothes in a CFWA branded clothing bin, ask your child's school to host a Crazy Hair Day for CF, make a bequest to CFWA, organise a casual Friday for CF at work, place your reward token in the CFWA box when shopping at Cash & Carry, offer us in-kind support or pro bono expertise, run/walk for CFWA in the HBF Run for a Reason or in the City to Surf, help raise awareness for CF with your email signature or social media page, buy a CF vehicle licence plate, support our supporters or volunteer your time with CFWA.

For more information, please contact our Fundraising & Marketing Manager, Ariane Guimbeau on 08 9346 7336 or [email](#).

CALLING ALL CARERS!

Do you need a break? Do you care for a family member or friend with CF?

As the peak body supporting family carers, Carers WA is looking to introduce you to supportive peer and social network groups within your local area or community.

Carers WA offer respite for carers and short break funding for carer groups in addition to running regular morning teas, movie events, lunches, Manland events for guys, pamper sessions for ladies, yoga and more. For more information, please contact Carers WA on 1300 CARERS or visit www.carersaustralia.com.au.

FROM PREVIOUS ISSUES

[HBF Rottnest Channel Swim - 25 February](#)

[Cystic Fibrosis School Education Seminar - 9 March](#)

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