



1800km journey of hope

“IT’S weak to be scared, it’s weak to be worried. I know I can do it.”

These are the words of a man on a mission.

That long, arduous mission began on Monday when Rick Faulks began an 1800km bike ride from Cairns to Ipswich to raise funds for Cystic Fibrosis Queensland.

As a long-term sufferer of the crippling disease – he was diagnosed shortly after he was born – the

34-year-old is under no illusions about the journey that lies ahead.

“It’s definitely going to be tough from a cystic fibrosis point of view because of the energy expenditure,” he said.

“We have got a few days over 100km and, driving on the way, we saw some big hills,” the North Booval resident said.

The father of two has so far raised more than \$14,000, but said the true

value of the ride could not be expressed in terms of money. “It’s hope for some people,” he said.

“I’m very fortunate, I’ve been able to do a lot of things in my life. I enjoy riding and if we can get the awareness out there as well, that’s great.”

He is expected to arrive at Queen’s Park in Ipswich on August 29.

■ To learn more or donate, visit www.rickfaulkscharitycycle.com.



MAN ON A MISSION: Rick Faulks with his family – Bella, Megan and Griffin – during a previous fundraising effort.