

### Part 3: POST ENTRY FORM AND PAYMENT

Entry Fee Total \$ \_\_\_\_\_

or I am unable to attend, but please accept my donation of \$ \_\_\_\_\_

Please return this slip with a cheque or money order or debit my:

Bankcard  Mastercard  Visa

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_-\_\_\_\_\_-

EXPIRY \_\_\_\_/\_\_\_\_

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Post to: **Cystic Fibrosis SA**  
143 Sturt Street  
Adelaide SA 5000

Fax to: **08 8221 5596**

**Be an early bird and register before the 13th October to go into the draw to win \$100 cash!**

The total entry fee enclosed covers all the people listed overleaf. In applying to take part I, and the other people listed above, are aware of the terms and conditions set within the leaflet and agree to abide by them. **I understand that, before taking part in the walk, each individual must check in at the registration desk and read and sign a participation waiver.**

SIGNATURE \_\_\_\_\_

Please tick here if you do not want to receive information on other ways to support Cystic Fibrosis

#### WAIVER

(Each participant must read and sign below)

I the undersigned, agree to indemnify and hold harmless Cystic Fibrosis SA from all cost, expense, liability arising out of my or my child's participation in this event to benefit the Cystic Fibrosis SA.

I do hereby waive all claims for damage or loss to my or my child's person or property which may be caused by any act, or failure to act, by Cystic Fibrosis SA, it's officers, agents, or employees arising directly or indirectly from my or my child's participation in this event; and I hereby assume liability for any loss, damage or other liability from such event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### PARENT OR GUARDIAN:

**Important:** Participants under age 18 must have this form signed by a parent or guardian

Name: \_\_\_\_\_

Parent/Guardian (please print)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian



### What Is Cystic Fibrosis?

- Cystic Fibrosis is the most common life threatening recessive genetic condition affecting Australian children.
- There are approximately 300 children and young people with Cystic Fibrosis (CF) in SA
- 1 in 25 people are genetic carriers for CF
- There is still no cure for CF, which affects primarily the lungs and digestive system, but improved medication and treatment have considerably extended life expectancy
- Treatment must be continuous to prevent progression of the condition; this means every person with CF has to have daily chest physiotherapy and take up to 40 tablets a day

### What Can I Do To Help?

Be part of the team that takes GREAT STRIDES to help provide services for children and young adults with Cystic Fibrosis and to fund vital research.

**Join us as we take strides towards conquering Cystic Fibrosis**

**For more information contact  
Robyn Craig at Cystic Fibrosis SA  
on 08 8221 5595 or  
email [cfsa@cfsa.org.au](mailto:cfsa@cfsa.org.au),  
visit [www.cysticfibrosis.org.au/sa](http://www.cysticfibrosis.org.au/sa)  
or contact your local L.J. Hooker Office.**

**L.J. HOOKER®**



**TAKING STRIDES TOWARDS CONQUERING CYSTIC FIBROSIS**

**Sunday 22nd October 2006**

**Henley Square**

to Grange Jetty & return

Walkathon commences 10am

Supported by L.J. Hooker

**Route 3.6km**

*A great day out for all the family - join us afterwards for a sausage sizzle or bring a picnic*



**L.J. HOOKER®**

## How?



You can enter the Great Strides for CF Walkathon in a number of ways as;

1. Individual
2. Child
3. Family
4. Team

As an individual or team walker, if you chose to collect donations, you pay a lower entry fee and can win some fantastic prizes!

## The Route

Come and join us for a beautiful stroll along the beach at Henley. However, there are a few things to remember before taking that first step; be sure to wear comfortable shoes and dress appropriately for the weather.

**Remember - rain or shine, we will walk!**

## Collecting

Collecting donations is simple; just take your donor form with you everywhere you go! Take it to the office, the shops, out with you on a Friday night; take it anywhere you may run into a potential donor! As you talk to people explain you are participating in GREAT STRIDES to help people with Cystic Fibrosis - you'll be surprised at how many people will be happy to support you.

Ask donors to pay upfront so you don't have to chase them after the event, which is often difficult! Ask donors to make cheques payable to Cystic Fibrosis SA. When you have collected all your donations bring them with you on the big day or send them in to Cystic Fibrosis SA, along with your completed donor form by November 24th 2006 (Prizes will not be given after this date).

Please do not send in cash donations, instead forward a single cheque or money order for the total cash amount raised.

Post to: **Cystic Fibrosis SA**  
143 Sturt Street  
Adelaide, SA 5000

**Remember, donations over \$2 are tax deductible**

## Prizes!

This year we have some fantastic incentive prizes to spur on your fundraising efforts.

Check the list below to see what you can win.

Raise	Receive	
	Individual	Team/Family
\$3000+	Recordable DVD Player	\$300 Gift Voucher
\$1000-\$2999	34cm Colour TV	\$150 Gift Voucher
\$500-999	\$75 Gift Voucher	-
\$200-\$499	\$30 Gift Voucher	-

Don't forget - getting donations isn't the only way to reach those fundraising targets. For more fundraising ideas contact Chris on 08 8221 5595 for a fundraising pack!

## How to Enter. It's as easy as 1, 2, 3...

1. Complete the entry form and either send it in with your entry fee or bring it on the day.

Early bird entries received before 13th October go into a draw to **win \$100 cash!**

2. Ask your friends to join in - the more people who join us on the day, the more strides we can take and the closer we will get to our goal of conquering Cystic Fibrosis
3. Turn up on the day and join in the fun!

**DON'T FORGET - every walker must come and check in at the registration desk before walking to sign a participation waiver and to collect a walkers pack.**



**Remember - the more strides we take the bigger difference we'll make!!!**

# GREAT STRIDES Entry Form

<b>Entry Fees:</b> Walkers Collecting Donations	\$10
Walkers <b>Not</b> Collecting Donations	\$15
Family (2 adults and 2 children)	\$20
Children under 12	\$5

## Part 1: INDIVIDUAL/TEAM ORGANISER DETAILS

*This form can be used for either individual or team entries.*

CONTACT: Mr/Mrs/Ms \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTCODE: \_\_\_\_\_ TEL NO: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

*All information will be sent to this address*

## Part 2: WALKER'S DETAILS

ENTRY CATEGORY

Individual(s)  Team  Family (2 adults + 2 children)

TEAM NAME (OPTIONAL): \_\_\_\_\_

WALKER'S DETAILS *Please enter names and entry fees for everyone walking including the person listed above*

Walker's Names	Entry Fee
1.	\$
2.	\$
3.	\$
4.	\$
5.	\$
6.	\$
7.	\$
8.	\$
9.	\$
10.	\$
<b>Entry Fee Total</b>	<b>\$</b>