

Cystic Fibrosis WA

E-NEWS!

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Barker's Bit

Happy Christmas to all our readers!

2008 has been a helter-skelter ride but it's also been a great year for CFWA with over 1,750 hours of chest drainage provided by our Home Care Workers who travelled over 67,500km to do it!

2009 is shaping up to be a tough year for the whole of the not for profit sector but with your help and support we will continue to maintain services and move closer to our vision of lives Unaffected by CF.

From the Services Team

The Services Team have reviewed 2008, what a Year!!! We have been involved in some brilliant events such as the Sibling Camp, Parents Retreat, Mums Weekend and Outreach Trips. What has been especially great though is meeting different members, families, individuals, workplaces and community groups. Despite the hardships that many people experience it is a constant inspiration as to how sharing and generous most people are. It has been a real privilege to be involved in some small way with people's stories and experiences.

2008 was very much a learning year for the new services team. In 2009 we will now have the experience to be better than ever and hopefully deliver everything that has been discussed and promised. We have worked on a 2009 schedule of events that will be available in our next newsletter and will be open for input. Of particular excitement will be our **CF Expo to be held on the 24th May** with a variety of guest speakers and information stalls. Usual events such as the **Parents Retreat 13/15 March**, coffee mornings & Mums weekend will still occur albeit with a slightly different format. Outreach will commence late February to Bunbury/Manjimup and Esperance/Kalgoorlie in March which we are greatly looking forward to.

From the Services Team Natalie, John & Kathryn may the festive season be safe and enjoyable.

From the Marketing/Fundraising Team

A big thank you to all those who contributed to our fundraising events in 2008. From movie nights, to art shows we've done it all over the past 12 months and had a lot of fun in the process. This year, over 500 people braved 38 degree October weather to help make Great Strides the biggest yet, we placed CFWA's CEO and President under lock and key in the Fremantle town centre, sold over \$40,000 worth of art in just one night, lunched with some AFL greats and helped to crown a new talent in the fashion industry. What a year.

As I'm sure most of you are aware the world's economy continues to make for interesting reading as we head into 2009. While the full effects of the global meltdown are as yet unclear the underlining fact for CFWA remains that we are going to have to work harder than ever before in order to not only survive but flourish. Work has already begun on an event calendar that will see CFWA **Unleash the Power of One, Take Great Strides into new frontiers** and **Supersize the raffle**. But most importantly we will be working to ensure that more people know about and contribute to Western Australians living with Cystic Fibrosis.

So once again thank you for the support you have shown in 2008 and from the Marketing/Fundraising team of Geoff, Alex and Annika have a happy and safe Christmas and we'll see you in 2009.

*The CFWA office will re-open on
Monday January 5th*

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